



The Minimal Self: Psychic Survival in Troubled Times

Christopher Lasch

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"Even more valuable than its widely praised predecessor, *The Culture of Narcissism*." —John W. Aldridge

Faced with an escalating arms race, rising crime and terrorism, environmental deterioration, and long-term economic decline, people have retreated from commitments that presuppose a secure and orderly world. In his latest book, Christopher Lasch, the renowned historian and social critic, powerfully argues that self-concern, so characteristic of our time, has become a search for psychic survival.

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