



The Choice of Hercules: Pleasure, Duty and the Good Life in the 21st Century

A. C. Grayling

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Duty or Pleasure? This was the legendary choice which faced Hercules and which preeminent philosopher AC Grayling uses as the starting point of his masterful new book. He shows us how much more people can understand about themselves and their world by reflecting on today's moral challenges. Above all, he explores the idea that certain demands and certain pleasures are necessary, not just because of their intrinsic merits but because of what they do for each other. The Good Life or the good life? With exceptional clarity and unrivaled prose, Grayling addresses the everyday ethical choices which confront us all.

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