



# **My Dirty Little Secrets - Steroids, Alcohol & God: The Tony Mandarich Story (Reflections of America)**

*Tony Mandarich, Sharon Shaw Elrod*

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Accept the role of the Higher Power's grace in recovery

"*My Dirty Little Secrets* is a testament that faith in a higher power can bring us to salvation and light. Tony's story is touched by magic and brushes against the tragic. It's a great human journey and a victory for the human spirit."

--Jim Irsay, Owner, Indianapolis Colts, Super Bowl (r) XLI Champions

After a highly successful and nationally publicized college career at Michigan State University, Tony Mandarich was drafted number two in 1989. The hype about his power and standing as a football player along with Tony's addictions, was more than he could live up to, and his life came crashing down around him. After three more years of alcohol and painkillers' abuse, Tony accepted God's hand, went into treatment and now considers it a privilege to be able to help other addicts when called upon.

Learn more at [www.TonyMandarich.com](http://www.TonyMandarich.com)

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