



DIY Body Care: The Complete Body Care Guide for Beginners with Over 37 Recipes for Homemade Body Butters, Body Scrubs, Lotions, Lip Balms and Shampoos (Body Care, Essential Oils, Organic Lotions)

Lisa Reddings

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Learn how to make your own beauty products at home that provide fantastic results by using natural ingredients.

This book contains everything you need to know about creating amazing products that will enhance your natural beauty and at a fraction of the cost of those produced by large commercial brands. You will discover how quickly and easily you can whip up a great detoxifying face mask that will leave your skin glowing and learn the secrets to achieving super soft skin using only ingredients that you can find in any supermarket.

Learn how adding a few drops of essential oil can give a wonderful fragrance to your products at the same time as adding a therapeutic element so you can design your own skin care that will not only leave you looking and smelling wonderful but will heal skin problems you may suffer from too.

There are thousands of bottles, tubs and containers on the market which can add a touch of elegance and luxury to anything you produce making these products the perfect thing to give to your family and friends as unique designer gifts made especially for them.

This and much more can be found within this book.

Here Is a Preview of what you'll Learn...

- Benefits of making your own natural skin care products
- Common Ingredients
- Safety information for using Essential Oils
- Recipes
- And much much more

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