



The Waldorf Cookbook

Kelly Sundstrom

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The Waldorf Cookbook is a collection of recipes from Waldorf Schools, teachers, and parents all over the world. These recipes are the most cherished in the Waldorf tradition, and hand selected by Waldorf Schools around the globe. Inside The Waldorf Cookbook you will find wholesome, natural recipes to fill your home with health and harmony. These recipes have been passed down from generation to generation, crossing oceans and mountains to find their way into your family's home. There is nothing like an old-fashioned recipe, one that has a history and has been nourishing the hearts and minds of the world for ages. This is what the Waldorf Cookbook brings to you. 10% OF ALL PROCEEDS ARE DONATED TO BENEFIT THE WALDORF SCHOOL ON THE ROARING FORK.

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