



# At Least I'm Not Going To Die!

*marc shettlesworth*

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“At least I’m not going to die” (this version has been ran through grammar & spell check)

I wasn’t moving there was no way I was getting up so he kicks me once more and then tries to yank me up but I just refuse to move I was fighting for my life and I knew it would end if he got me out of here.. He bends down again and slaps me across me face yelling at me to shut up. I am still crying and I keep telling me I am sorry but he just kicks me again telling me to shut up and get up. I could not believe he was beating me in the living room of my friends house with my friends there to see it all. I have never seen him so angry he finally lost his mind and all those night in Mickeys car and her begging to let her help me came rushing to my mind. I close my eyes and wish I could have let her take me because it was over now. All I could do was pray that God would take me soon and watch over Mickey and give her peace knowing she did her best and she gave me hope. I still could hear Mickey telling me to survive so even as he kicked and punched me I would not let him take me out of this house. It is amazing just how clear the mind is while it is under stress. I knew as he was hurting me what would happen if he got me outside. He would find a way to kill me. He would put me on his bike and between here and home I would have an accident. Yes they could say he was abusing me but they could not prove he actually killed me, so I fought for my life. As much as he hurt me I was not getting up I was not leaving with him. He finally figured out I was not going to move he took matters into his own hands literally. He stopped and then just grabbed my hair and started to drag me towards the front door.

I say these words repeatedly in my head. Now you may be asking who I am or what was happening to me that would make me have to keep saying something like that? I wasn’t in combat or even in a life or death situation but in my eyes it was life and death. In fact, when I first started to say these words I was not even an adult yet. I started to say these words when I was still just a child. I started to say, “at least I’m not going to die” when I was about three or four years old to get through my fathers abuse, and this is my story. Many times I thought I would die and many times I prayed for death itself.

To say I was abused would be an understatement. I suffered pain and torture from the one person who was supposed to protect me. The house I grew up in was filled with years of abuse, years of suffering. You will read things that will scare you to, things that will shock you. I lived with a dark secret I had to keep from everyone. To me this is as scary as any horror story out there. To me it is even more frightening because its all true. If you met my dad you would never suspect anything. He acted like a normal father but behind closed doors the true monster lived. In the pages you will see a child grow up knowing that if I was alone with my own father he would hurt me. As I got older the pain got worse. It was a life of physical and mental abuse. As a boy I was told not to tell anyone or he would hurt me worse. I prayed to a God who never answered me and with a mother who acted like he was the perfect father and husband. I grew up and watched my friends wondering what happened behind there doors.

To look at me now you would never know or even imagine I was constantly abused until I left school. I look like a normal father and a loving husband but even today when I close my eyes at night I can still feel the

pain I suffered under his roof. When I shower every morning I can still see the scars left by his hands. When I go to his house the marks in the house can still be seen. I lived in a world where the only thing I knew for sure was I would be hurt by my dad any chance he got. He took away my childhood away and replaced it with years of pain.

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