



Pressure Cooker for Beginners: Cookbook for Busy People with Quick, Simple & Delicious Recipes (Pressure Cooker Recipes)

Julie Peck

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Do you often wonder what it would be like to have a home-cooked, nutritious meal that didn't take you hours to cook? If you're the average working person, you most likely come home every night either dreading cooking dinner or you pop something from the freezer into the microwave and call it nutritious. You've had a long day at work, forgot to put something in the slow cooker that morning, or you thought you'd have time and there was an emergency you had to attend to. So how do you get a nutritious meal that's homemade in under an hour, and has very little cleanup time? Buy a pressure cooker! Pressure cookers are not only for chefs on television or your average restaurant. They're now made smaller for home cooks who are just trying to make a meal that's going to hold its nutrition, color, flavor, and be made in seventy percent less time than a traditionally cooked meal.

In this book, you'll find information on:

- How to find the right pressure cooker.
- Tips and tricks for maintaining your pressure cooker.
- Recipes for breakfast, lunch and dinner!
- And some troubleshooting tips at the end as a bonus. If you're always struggling to make dinner in the evening, pick up this book to find out more about how you can make healthier meals quicker with minimal cleanup by purchasing a pressure cooker!

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Karen Bergeron:

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