



Non-Classical Gung Fu By Bruce Lee's First Student Jesse Glover

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This is my approach to Non-Classical Gung Fu. I received my Gung Fu training from the late Bruce Lee, and any expertise that I have acquired in this discipline is due to his instruction. Other factors which have influenced this training are instruction in Judo, and Psychology. The basic principles of Judo gave me insights which hastened my understanding of Gung Fu's basic principles. The study of psychology, and general life experiences provided a basic frame of reference for the incorporation of these principles. It is my hope that the material contained herein will prove useful to the average person seeking a viable method of self protection.

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