



# Acupuncture, Trigger Points and Musculoskeletal Pain: A Scientific Approach to Acupuncture, 2e

*Peter E. Baldry MB FRCP*

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## **Acupuncture, Trigger Points and Musculoskeletal Pain: A Scientific Approach to Acupuncture, 2e**

Peter E. Baldry MB FRCP

This is a practical text on the use of acupuncture for the relief of musculoskeletal pain, looking exclusively at the treatment of trigger points by acupuncture. Dr Baldry is an experienced medical physician who has used acupuncture as part of his therapeutic repertoire for many years. He discusses the scientific aspects of acupuncture and demonstrates its use in Western medicine. He writes at a suitable level for students and/or practitioners, combining academic knowledge with practical advice. This well illustrated new edition contains several expanded chapters and introduces one on the use of trigger point acupuncture for relief of muscular pain.

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