



# **Acid Reflux: Discover Simple Dietary Secrets to Stopping Acid Reflux, Heartburn, GERD and NERD. (How To Beat Acid Reflux Without Drugs Book 6)**

*Sjur Midttun*

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# Acid Reflux: Discover Simple Dietary Secrets to Stopping Acid Reflux, Heartburn, GERD and NERD. (How To Beat Acid Reflux Without Drugs Book 6)

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**Acid Reflux: Discover Simple Dietary Secrets to Stopping Acid Reflux, Heartburn, GERD and NERD. (How To Beat Acid Reflux Without Drugs Book 6) Sjur Midttun**

**Everything you need to know about beating acid reflux naturally. Little known food tips that really helps. Discover problems of PPI drugs.**

“How To Beat Acid Reflux” (new in July 2015) is instantly downloadable. You do not a Kindle device to read this book right away. All about medication, diet and lifestyle choices you need to consider in order to beat acid reflux. Little known food tips.

A **must have** resource for acid reflux sufferers. Easy to follow, but never simplistic, “How To Beat Acid Reflux” goes through essential information GERD patients need to know. Little known food tips that may significantly reduce symptoms.

- Find out which tests you must take in order to know which type of GERD you are.
- What you need to know about acid reflux medication.
- Find out how acid reflux can cause **problems** if left untreated.
- Updated **acid reflux diet tips that really helps.**

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