



The Greatest Bento Recipes In History: Delicious, Fast & Easy Japanese Bento Recipes You Will Love

Sonia Maxwell

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Bento, Bento!

Today only, get this Kindle book for FREE. Regularly priced at \$5.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

If you've spent any time on the internet, Pinterest in particular, you may have run across pictures of delightful little box lunches. Some of the cutest ones are made in the style of various movies or animated characters. These lunches are made in the style of bento boxes. Bento boxes are beginning to gain popularity in western cultures.

Bento boxes are a tradition in Japan. While the west is still catching on to the traditions of bento boxes, they are making headway in mainstream culture. Bento boxes provide you with a very good way to make sure you have a healthy lunch. While they can take a little while to prepare, the time spent making it will be worthwhile. You'll love having your bento box lunches at work or at home.

This book will walk you through the basics of what bento boxes are, what commonly goes into bento boxes, how to make your own and give you some recipes to help you in crafting delicious meals of your own. We'll provide you with tips and tricks for creating your own!

Have fun playing with these recipes! Let us know if you find recipes that work fantastically for bento boxes! We'd love to hear from you!

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Tags: Bento, Japanese, Recipes, Cookbook, Cuisine, Sushi, Takeout

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