



Once the Storm is Over: From Grieving to Healing after the Suicide of my Daughter

Nina Bingham

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When I lost my fifteen-year old daughter to suicide I thought my own world would end. But what I learned about love and forgiveness changed my life forever. It will change yours, too.

Raw and honest, the author shares her painful past: an abusive alcoholic father, a failed marriage, the rejection she suffered after she came out as a lesbian, and her own brush with suicide. What could have been a story mired in self-pity and misery, ultimately is a story of hope. Nina's compelling life journey shows how pain and loss can be transformed into strength and purpose. This book is not only for survivors but for anyone facing depression with suicidal tendencies.

The book has garnered outstanding reviews from suicide prevention organizations, expert psychiatrists, best-selling authors on suicide, mental health and parenting magazines, as well as grief recovery organizations. Once The Storm Is Over unapologetically rips apart the façade of coping to show the devastating aftermath of a child's suicide and how a mother, flawed but courageous, learns to live again. Described as brave, insightful and inspiring, this book is sure to make its mark in the literature of suicide recovery, and be remembered for its profound and healing message.

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From reader reviews:

Orlando Bush:

Spent a free time for you to be fun activity to try and do! A lot of people spent their free time with their family, or their very own friends. Usually they carrying out activity like watching television, likely to beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Might be reading a book can be option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to try look for book, may be the reserve untitled Once the Storm is Over: From Grieving to Healing after the Suicide of my Daughter can be excellent book to read. May be it could be best activity to you.

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