



I Have to Leave You Now: A Survival Guide for Caregivers of Loved Ones with Alzheimer's Disease

Maria V Ciletti

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I Have to Leave You Now is a memoir of an Alzheimer's caregiver woven in with a practical self-help guide that deals with the day-to-day processes of caring for someone you love with this heart breaking disease. I Have to Leave You Now is like Kelly Corrigan's The Middle Place meets The 36 Hour Day. Unlike other books on Alzheimer's written by M.D.'s, Ph.D.'s, or other experts on the disease, this book is written by an R.N., a professional caregiver who also has first-hand personal experience with caring for a loved one with Alzheimer's. Caring for a dementia patient is a 24/7 job, and often the caregiver has no help. With the average life expectancy of five to ten years from diagnosis, this is a long haul. It can be extremely difficult to hold up under those difficult conditions. Whether you are just starting your caretaking journey or have been doing it for years and feel you will never make it through, I Have to Leave You Now: A Survival Guide for Caregivers of Alzheimer's Patients will help you get back on track and become a healthier and more effective caregiver.

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