



How to Entertain, Distract, and Unplug Your Kids: Tricks, Tools, and Spontaneous Screen-Free Activities

Matthew Jervis

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A fun and practical guide to keeping kids engaged and off your phone.

Face it. Your kids don't want you around ALL the time! As much as you'd like to build that go-cart or that amazing tree house for them, you also need a little time for yourself!

Sure, we'd all like to hand our kids the phone when things get tough, but down deep we know that screen time will not build world leaders. So how does a parent like you keep those little rug rats entertained and engaged in a meaningful way while you get your own stuff done?

Well, this book is a good start! With these simple tricks, you will turn their boredom into fun, teachable, and productive (sometimes) moments in this irreverent yet practical guide.

From photo bombing magazines in the dentist's office to sock matching speed trials to making bread, this book provides spontaneous activities that kids can do with or without you, leaving time for you to do parent stuff like making dinner, reading the paper, or enjoying a glass of wine.

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From reader reviews:

Debra Jones:

A lot of people always spent their very own free time to vacation or maybe go to the outside with them family or their friend. Do you realize? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity that is look different you can read a new book. It is really fun in your case. If you enjoy the book that you read you can spent all day every day to reading a e-book. The book How to Entertain, Distract, and Unplug Your Kids: Tricks, Tools, and Spontaneous Screen-Free Activities it is rather good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. Should you did not have enough space to develop this book you can buy typically the e-book. You can m0ore very easily to read this book through your smart phone. The price is not very costly but this book features high quality.

Rick Braden:

Your reading sixth sense will not betray you, why because this How to Entertain, Distract, and Unplug Your Kids: Tricks, Tools, and Spontaneous Screen-Free Activities publication written by well-known writer whose to say well how to make book that may be understand by anyone who also read the book. Written inside good manner for you, still dripping wet every ideas and creating skill only for eliminate your hunger then you still skepticism How to Entertain, Distract, and Unplug Your Kids: Tricks, Tools, and Spontaneous Screen-Free Activities as good book not simply by the cover but also from the content. This is one publication that can break don't assess book by its include, so do you still needing an additional sixth sense to pick this kind of!? Oh come on your reading through sixth sense already said so why you have to listening to another sixth sense.

Ronda Tollison:

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