



Extraordinary You: The Art of Living a Lusciously Spirited, Vibrant Life

Vanessa Talbot

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So what's the big secret to living a spirited, luscious, vibrant and extraordinary life? Eleven voices share with you the keys to unlocking an exceptional life. Through their personal stories, you will discover the wisdom and experiences that will enable you to embrace a vision for your life that is greater than before. You will learn how to say yes to your heart and soul. Allow this, and living in exhilaration will take care of itself. To all those who dare to dream that life can be an adventure filled with magic beyond the wildest of imaginings, and to all those who dare to live it, you will uncover how to live in the moment for a joy-filled life, when to say yes by listening to your inner voice, what living in passion for your own true path will do for you, how to break through anxiety and fear to live in confidence and fulfillment, and the secret keys to redesigning your life.

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