



The Natural Medicine Guide to Schizophrenia (The Healthy Mind Guides)

Stephanie Marohn

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"The Natural Medicine Guide to Addiction" delineates the causes of several common addictions--including cigarettes, alcohol, street and prescription drugs, work, sex, and food. More than a dozen proven natural therapies--including psychoneurobiology, family systems therapy, traditional Chinese medicine, and acupuncture--are presented by health professionals who use them everyday to successfully treat a wide range of addictions.

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