



# The Motivation Switch: 77 Ways to Get Motivated, Avoid Procrastination, and Achieve Success

*AJ Winters*

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## How to Get Motivated, Avoid Procrastination, and Achieve Success

*Do you want to be successful, but have a hard time motivating yourself to do all those things that you know you have to?*

If the answer is yes, then you could probably use some motivation hacks. The 77 tips contained in this book will help you bust through your motivational slump, and get to action!

Imagine being constantly fuelled, and wanting to do all the things you know you “should”. Procrastination is a thing of the past, and anxiety issues no longer bother you!

### Short, Concisely-Explain Tips

This book consists of the 77 tips that are most useful for getting motivated. The book is fluff-free: you won't have to wade through pages of psychological jargon and case studies to get to the “good bits.”

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