



# The Hesitant Mistress: A Guide to Claiming Your Feminine Power

*Dvanna Hightower*

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## **The Hesitant Mistress: A Guide to Claiming Your Feminine Power** Dvanna Hightower

The submissive man in a vanilla relationship faces a daunting challenge. How can he convince his demure girlfriend to take charge without turning her off? How can he show her that female domination is not a sick stereotype, but a healthy and romantic way to enhance her life? This book is the answer to his prayers.

His girlfriend's hesitation is perfectly understandable. Since female dominants are so often depicted as arrogant sadists intent on hurting and humiliating men, it's not surprising that any woman would feel reluctant to adopt this role in her relationship. After all, who would treat her beloved partner as if she hated him?

But she has no need to worry. The real female dominant is not a cruel psychopath. Her relationship involves mutual trust, cooperation, and communication. She can be nurturing and reasonable. She can share her feelings and needs. She can be herself, more bravely than ever - and her partner will love her for it.

In *The Hesitant Mistress*, author and dominant Dvanna Hightower gently introduces the novice mistress to a new world of life-enhancing possibilities. The male submissive will try to give his lady everything she desires; all she needs to do is recognize the confidence she already has inside her.

Part self-help book, part kinky instruction manual, *The Hesitant Mistress* is an indispensable introduction to female-led relationships. Any woman who reads it will never be the same.

## ----- CONTENTS -----

### I. Introduction:

A Warning for the Man in Her Life; Some Reassurances for the Hesitant Mistress; Your Journey; The Dominant Female; The Female-Led Relationship; Is This Abuse?; The Submissive Male; How It Works - A Brief Demonstration

### II. Gaining Confidence:

Being Yourself; You are Attractive; Stop Apologizing; Say What You Mean; Don't Justify; Give Up Validation; Be Aware of Your Space; Wear Something Sexy; Know You Can Handle It; Become Self-Reliant; Declare A Preference; Lead, Don't Follow; Vocalize Your Instincts

### III. Training Him:

You Were Made for This; Set Boundaries; Be Consistent; Set Expectations; Being Bossy; Giving Orders; Reward and Punish; Answers and Objections; It's Your Decision

### IV. Scening:

Of Scenes and Bedrooms; Games to Start Out With; Safewords; Stop and Think About It; Take Your Time; Caring Too Much; Fetishes; Putting It All Into Practice; New Beginnings; A View From the Bottom - A Submissive's Addendum

## ----- A Warning for the Man in Her Life -----

This book will teach your partner how to be more dominant. That means she will learn how to actually be more dominant, not just how to act like a dominatrix long enough for you to get your jollies off in the bedroom.

Your partner will learn how to say no to you. She will learn how to train you. She will learn how to punish you and hold you accountable for your actions. She will learn that she can demand whatever she wants from you, despite whatever you might want from her.

So beware, my unsuspecting male friend... if you bought this book for her, you might get more than you asked for. You may want to quietly set it aside and buy her a set of fuzzy handcuffs instead. You have been warned.

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