



**Superar una imagen corporal distorsionada /  
Overcoming Body Image Disturbance: Un  
programa para personas con trastornos  
alimentarios / A Programme for People With  
Eating Disorders (Spanish Edition)**

*Lorraine Bell, Jenny Rushforth*

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# **Superar una imagen corporal distorsionada / Overcoming Body Image Disturbance: Un programa para personas con trastornos alimentarios / A Programme for People With Eating Disorders (Spanish Edition)**

*Lorraine Bell, Jenny Rushforth*

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Las personas con trastornos alimentarios a menudo muestran graves conceptos erróneos sobre su imagen corporal. Este libro proporciona un programa de tratamiento dirigido a las personas con trastornos de la alimentación que tienen un concepto de su imagen corporal negativo. Ofrece consejo a los terapeutas, capacitándolos para

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